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Patient Eye Drops Instructions after Cataract Surgery

Please follow these instructions to obtain the best results possible

3 drops have been ordered for your cataract surgery. Which drop you get depends on your insurance coverage. Listed below are types of drops that you will be using.

Antibiotics: Ofloxacin, Cirpofloxacin, Moxifloxacin

Steroids: Prednisolone Acetate (** shake bottle 10 times) - this drop appears milky

Anti-Inflammatory: Brand - Prolensa, Bromsite, Ilevro
Generic -Ketorolac

Please bring all your eye drops to your visit after cataract surgery.

Medication schedule

Antibiotic (Tan Top)	Steroid (White or Pink Top)	Anti-Inflammatory (Gray Top)
One drop: 4 times a day for one week then STOP	One drop: 4 times a day for one week then 3 times a day for one week then 2 times a day for one week then 1 time a day for one week then STOP	One drop: 1 time a day for 4 weeks then STOP If generic (Ketorolac) 4 times a day for 4 weeks then STOP

Always wait 5 minutes between drops.

It is common for eye drops to sting. You may use artificial tears in between using your drops for cataract surgery to help with dryness and minimize the sting. Please wait about 30 minutes before or after using your cataract surgery eye drops if using artificial tears to ensure that the drops will not be rinsed out.

	Operated eye	Additional Instructions
Week 1	Antibiotic 4x/day Steroid 4x/day Anti-Inflammatory 1x/day (if generic 4x/day)	Sleep with shield over eye No heavy lifting or straining Do not rub eye Careful with water from shower getting into eye OK to read and watch TV
Week 2	Stop Antibiotic Steroid 4x/day Anti-Inflammatory 1x/day (if generic 4x/day)	Do not rub eye Ok to exercise
Week 3	Steroid 3x/day Anti-Inflammatory 1x/day (if generic 4x/day)	
Week 4	Steroid 2x/day Anti-Inflammatory 1x/day (if generic 4x/day)	
Week 5	Steroid 1x/day Anti-Inflammatory 1x/day (if generic 4x/day)	
Week 6	Stop Steroid and Anti-Inflammatory drops	

Can experience mild irritation, redness, sensitivity to light for the first few days. Symptoms should gradually improve with eyedrops.

Severe deep, constant pain, decreased vision, bleeding, severe redness is not normal and you call call Dr. Rubinstein. Otherwise, go immediately to New York Eye and Ear Infirmary Emergency Room (310 E. 14th Street). (212) 979-4000